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# City of Long Beach



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of Parks and Recreation  
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## Parks and Recreation Department

# LONG BEACH RECREATION IN COOPERATION WITH LONG BEACH JIU JITSU

for Kindergarten through 8<sup>th</sup> Grade

*First come, first served. 20 Maximum per section  
Start Date Week of September 28, 2015*

**REGISTRATION:**    **LONG BEACH RECREATION CENTER**  
**700 MAGNOLIA BLVD**  
**431-3890**

**FEE:**                    **\$65.00 for Eight (8) Week Program**  
*Checks or money orders made payable to Long Beach Jiu Jitsu.*  
*Cash also accepted.*

**Name** \_\_\_\_\_ **Grade** \_\_\_\_\_ **DOB** \_\_\_\_\_

**Address** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Parent Name** \_\_\_\_\_ **E-Mail** \_\_\_\_\_

**Emergency Name** \_\_\_\_\_ **Emergency Phone** \_\_\_\_\_

**School Attending** \_\_\_\_\_

I, the parent or guardian of the below named child, give permission and approval for his/her participation in the Long Beach Parks and Recreation Department's Long Beach Jiu Jitsu Program. I fully understand that my child must abide by all the Rules and Regulations set forth by the Parks and Recreation Department and further agree to explain to my child the Codes of Conduct set forth by the Long Beach Parks and Recreation Department. I also agree to follow those rules that apply to me as a parent and spectator. The Codes of Conduct can be found on the web at [www.longbeachny.gov/rec](http://www.longbeachny.gov/rec). I hereby authorize and give full consent to the City of Long Beach to use and or publish photographs or video in which my child may appear while participating in Parks and Recreation programs and grant permission for publication or use of those images.

I understand that there will be no refunds for this program. **Parent Signature** \_\_\_\_\_

*For Rec Staff Use:*

Receipt # \_\_\_\_\_ Amount Paid \$ \_\_\_\_\_ Proof of Age \_\_\_\_\_ Date \_\_\_\_\_ Staff \_\_\_\_\_

**CITY OF LONG BEACH**  
**Parks and Recreation Department**

**ELIGIBILITY REQUIREMENTS FOR LONG BEACH JIU JITSU**

1. Children residing in the Long Beach City School District and/or attending Long Beach Schools are eligible to enroll in the Long Beach Jiu Jitsu Program beginning August 28.
2. Registration begins for Non-Residents on September 10.
3. Long Beach Jiu Jitsu is open to boys and girls in kindergarten through 8<sup>th</sup> Grade.
4. Monday dates are September 28, October 5, 12, 19 and 26 and November 2, 9 and 16.
5. Tuesday dates are September 29, October 6, 13, 20 and 27 and November 3, 10 and 17.

**Martial Arts Conditioning Classes Will Be Held**

**ALL classes will meet eight (8) times**

**Please check one**

Kindergarten to 3<sup>rd</sup> Grade: Monday 4:30 – 5:30 p. m. \_\_\_\_\_

4<sup>th</sup> Grade to 8<sup>th</sup> Grade: Tuesday 4:30 – 5:30 p. m. \_\_\_\_\_

**Classes will be held at Long Beach Jiu Jitsu**  
**162 W. Park Ave – 2<sup>nd</sup> Floor**

*Attire: Gym Clothes*  
*(Shorts, Sweats, T-Shirt to class)*

**Classes WILL INCLUDE**

**Brazilian Jiu Jitsu**

**Self-Defense**

**Partner Work**

**Respect**

**Self-Control**

**Having Fun!**